

Concerning World Voice Day in Russia

Russia has joined initiative Brazil about holding the World Voice Day in 2006. The main issue of the World Voice Day in Russia is drawing attention of Russians to the estimation of their voice condition, the explanation of the influence of bad habits on the voice, the rules of its hygiene and the ways of the prevention of the vocal device diseases.

Traditionally Russia is considered to be the country with the big cultural heritage. By 2009 in the Russian Federation there are 40 High Schools, 4 schools under the authority of Ministry of Culture. Number of students in the higher professional educational institutions on the vocal branches are 1535, on the actor branches - 3435. The art-artistic personnel of 13 drama theatres which are under the authority of Ministry of Culture are 1215 people. There are 358 soloists and 343 actors of chorus in 5 musical theatres which are also under the authority of Ministry of Culture of the Russian Federation. There are 84 museums and 5300 scientific employees and guides working in them and leading excursions, lectures, seminars. They all are subordinated to Ministry of Culture of the Russian Federation.

753, 8 thousand future teachers are taught in 83 High Schools under the authority of Ministry of Education of Russia. Graduated teachers of different schools are the representatives of speech-vocal trades. In addition these official data there is a big number of actors, singers and other representatives of voice-speech trades working for private companies. Prevalence of diseases of the vocal device is considerable.

The number of the throat cancer cases caused by smoking is increasing and the patients became younger. Annually in Russia 8000 new patients with such health problems appear (I.V. Peshetov 2009).

Doctors and general public are concerned about the problem of mass distribution of various psychoactive substances including as well tobacco, first of all, among youngsters. According statistics smoking is typical of Russians of different age, sex and nationality, and place of living. Unfortunately more than 60 % of Russian men smoke.

Smokers have become younger. According to the centre of monitoring of bad habits among children and teenagers of Ministry of Health of Russia by 2006-2007 (E.S. Skvortsova, L.K. Postnikova, 2008) the most alarming category of smokers are children under 10. On average in Russia 29, 4 % of children of this age start smoking. Among pupils of schools of primary vocational training (15-17 years) 78, 3 % of boys and 65,4 % of girls smoke. 88, 3 % of boys and 94, 7 % of girls are informed about harm of smoking, but knowledge is quite poor.

It means the necessity of holding the prevention activities against smoking.

The first time the World Voice Day has been spent by the Federal Research Clinical Centre of otorhinolaryngology of Russian Federation Ministry of public health in common with phoniatics centre of Omsk area.

The problems of harm of smoking among children and adults, issues of infringement of the voice among children, professional diseases of the vocal device have been covered in mass media of state level. Also anniversary conference and celebrating the 30th anniversary (on 16th April, 2006) of phoniatic service and phoniatrics centre of Omsk area has been dated to this event.

The curator of the World Voice Day in Russia is the Federal Research Clinical Centre of otorhinolaryngology of Russian Federation Ministry of public health and Section phoniatrics of the Russian otorhinolaryngology society.

In 2009 - 21 activities have already been spent in 4 regions of Russia.

In 2010 - 40 activities in 11 regions of Russia have been spent. Many famous doctors, actors and Russian Academy of Voice have joined them.

These were performances on radio and TV, prophylactic examinations of people of speech-vocal trades in cultural organizations; workshops on voice training and hygiene at pedagogical colleges and universities; seminars for workers of philharmonic societies, museums, schools, kindergartens and other people of speech-vocal trades; the second round of the First Russian festival – the competition of speech teachers of Moscow; lectures «About harm of smoking» to schoolboys, students; master classes of vocal teachers, logopedists; XIII competition of readers after Smolensky at Theatrical Schukin institute; Conference of children's ENT specialists of Moscow «the Voice of the child»; Conference «do I Hear your sonorous and tender voice ...» for the doctors of sanatorium of the North Caucasus, the Weekly charitable action «Pure voice» in surdo-phoniatric centre of Astrakhan branch Federal Research Clinical Centre of otorhinolaryngology of Russian Federation Ministry of public health - larynx examination for all comers; seminar «Protection of a voice of actors of opera theatre» for soloists and actors of chorus of the Moscow musical theatre named after K.S. Stanislavsky; Prophylactic medical examination of children pubertal age of Moscow for the purpose of prevention and revealing of diseases of the vocal device; scientific-practical conference «Actual questions of diagnostics and treatment of patients with the cancer of орофарингеальной areas» in Samara area; scientific-practical conference on problems of vocal formation in Kazan State conservatory named after N.G. Zhiganov, a concert of Natalia Pustovaya, Russian national actress, the soloist of the Bolshoi theatre; master classes of vocal teachers of the State institute of music named after Alfred Shnitke; a seminar «Preventive maintenance of дисфоний among vocalists in the conditions of the eventful concert-tour schedule» for soloists and actors of chorus of the Academic ensemble of a song and dances of the Russian Army named after A.V. Aleksandrov; Seminar «Preventive maintenance of dysphonia among actors of opera theatre» for soloists and actors of chorus of Mariinsky theatre».

ENT scientific-practical conference «the Voice and health» which has been organized by Federal medical and biologic agency of Russia, Federal Research Clinical Centre of otorhinolaryngology of Russian Federation Ministry of public health, and Section phoniatics the Russian otorhinolaryngology society has become the significant event. 211 otorhinolaryngologists, neuropathologists, endocrinologists, logopedists, gastroenterologist from different Russian towns have become the Participants of conference.

In 2011 there was a five years' anniversary of carrying out World Voice Day in Russia. Multidisciplinary scientifically-practical conference "Voice" in Siberia (Omsk), for ENT, logopedists, endocrinologists, neurologists, and other professionals in a voice use in Siberia (Omsk), and also set of other actions for the country has been devoted it. For the first time events were spent in cooperation with the SNG countries - Belarus and Kazakhstan.

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